







## SEDATION GUIDELINES

Please arrive at least 15 minutes prior to your appointment time and check-in with the receptionist. If you are going to be more than 15 minutes late please call, you may be asked to reschedule. If you need to cancel, please call at least 24 hours prior to your appointment or you may be charged \$75.00.

**IMPORTANT: Please notify the office of any of the following prior to coming for your appointment:**

- Started Antibiotic, Steroids or Blood Thinners
- Scheduled Surgery
- Medical Procedure/Serious Illness

**If you are receiving sedation A DRIVER MUST REMAIN at IPS during your procedure.**

	INTERVENTIONAL PAIN SPECIALISTS PRE-PROCEDURE FASTING GUIDELINES		
	Intake	When to stop	Notes
	Solid Food and Drinks	<input type="checkbox"/> <b>Morning Appointment</b> No food after 11pm  <input type="checkbox"/> <b>Afternoon Appointment</b> No food after 5 am	No gum, mints, candy, tobacco or coffee creamer
	Clear Liquids (small sips only)	No clear liquids after  _____ : _____ AM PM <i>(4 hours prior)</i>	May have water, clear carbonated beverages, black coffee (no creamer), tea, apple or grape juice (no orange juice) Gatorade, lemonade, until 4 hours prior to procedure
	Medications	Take medications by  _____ : _____ AM PM <i>(2 hours or more prior)</i>	May be taken with a sip of water until 2 hours prior to procedure
HOLD ANTICOAGULANT FOR _____ DAYS PRIOR TO PROCEDURE			

\*If you are **not** scheduled for sedation for the procedure, you may eat/drink as normal.