



IPS is glad to get back to a new "normal"! At this time we are able to resume appointments while following strict guidelines as set forth by the Governor and the CDC. Please be advised that we are still continuing to provide telehealth visits for certain appointments through Zoom. Instructions on using Zoom can be found on our main webpage.

We are taking every precaution to reduce exposure to illness. We are open during regular business hours, however please do not enter the building if you have any of the symptoms below or if you have been exposed to someone with these symptoms:

- Fever
- Cough
- Body Aches
- Headache
- Nausea
- Vomiting
- Diarrhea
- Shortness of Breath

**Before your appointment:**

- Complete the check-in process prior to your appointment.
- Please begin this process when you receive the text or email (generally 2-3 days before your appointment).
- Please pay any copays and/or balances and take pictures of your driver's license and insurance cards.

**When you arrive for your appointment:**

- You may enter the building and check-in with the receptionist.
- At this time we ask that only the patient enters, however if you are scheduled for a procedure, you can bring your driver into the building with you.

**In-Office visit guidelines are as follows:**

- All patients must wear a face mask or covering and follow social distancing guidelines.

Do you have a new email? Please let us know. Email us at [emailupdate@managemypain.net](mailto:emailupdate@managemypain.net).